

# Drinks

## HOT BEVERAGES

Espresso	17
Double Espresso	22
Macchiato	22
Americano	21
Cappuccino	24
Large Cappuccino	30
Flat White	24
Café Latte	30
Hot Chocolate	35
Mochachino	35
Red Cappuccino	30

## DECAF

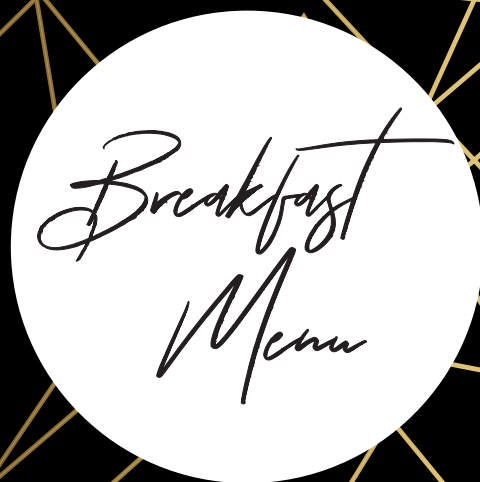
Espresso	22
Double Espresso	27
Macchiato	24
Americano	26
Cappuccino	28
Large Cappuccino	34
Flat White	28
Café Latte	34

## JUICE

Orange	25
Fruit Cocktail	25

## OTHER

Bos Ice Tea Peach	30
Bos Ice Tea Lemon	30
Appetizer	30
Grappetizer Red	30





**PLEASE NOTE:** This is a NO CASH venue  
 Only debit / credit cards accepted  
 Breakfast served 07h30 - 11h30

## Fresh and Easy

### SEASONAL CUT FRUIT 70

Served with double cream yogurt, homemade honey glazed granola and roasted mix nuts

### HEALTH PLATE 62

With cottage cheese, avo, rosa tomato salsa and poached eggs

### PUMPKIN SPICED OATMEAL 68

Topped with activated nuts and dried fruit

### BREAKFAST SMOOTHIE 58

Banana, peanut butter, cocoa powder and double cream yogurt

### BERRY SMOOTHIE 58

Mixed berries, ginger, apple and double cream yogurt

## Open Gourmet Toasties

Your choice of toasted white, rye, sourdough or low GI topped with the following:

- **Scrambled eggs** 62  
with chorizo, red peppers and melted cheddar cheese
- **Poached eggs** 88  
with smoked salmon, light hollandaise and chives
- **Smashed avo** 78  
topped with streaky bacon/macon and poached eggs



**Food Allergy Notice:** Please be advised that food prepared in this kitchen may contain these ingredients: Milk, Eggs, Wheat, Soybean, Peanuts, Tree Nuts, Fish and Shellfish

## How would you like your eggs?

Your choice of toasted white, rye, sourdough or low GI served with the eggs of your choice where not specified:

### BASIC 55

2 eggs, bacon/macon, oven roasted rosa tomatoes and toast

add on:

- Beef Sausage 22
- Sauteéd Mushrooms 15
- Hash Brown 18

### 150g SIRLOIN STEAK 92

Topped with an egg served with a side of sauteéd zucchini, rosa tomato, red onion and mushroom.

- Add extra hand-cut chips 27

### SPANISH OMELETTE 82

With chorizo, mushroom, red peppers, onion, cheese and toast

### HIGHVELD OMELETTE 86

With beef biltong, three cheese and basil pesto

### EGG ROULADE 58

With cream cheese, basil pesto and sun-dried tomato pesto

### FRENCH TOAST 75

Layered with a creamy spinach, bacon and onion mix, topped with parmesan, balsamic glaze, fresh rosa tomato and chives.

Chicken breast stuffed with ricotta cheese, sun-dried tomato pesto, black olives marinated in a coriander and lemon rub **160**

## SIDES

- Flash-fried seasonal veg
- Pumpkin fritter
- Hand-cut chips
- Parmesan mash
- Chunky Greek salad
- Pickled veg medley

## PASTA

Arrabbiata tomato based sauce made with garlic and red chillies served with penne or spaghetti **65**

- add oven roasted chicken 38
- add beef rump 48
- add bacon 21

Basil pesto penne with or without a splash of cream **82**

- Add oven roasted chicken 38

Slow roasted pulled lamb in a creamy sauce with a hint of gorgonzola and fresh lemon juice topped with flash fried figs with a hint of chilli served with pappardelle **142**

## DESSERTS

**PEPPERMINT CRISP TART ICE CREAM** **60**

A South African favourite with tennis biscuits, caramel treat and peppermint crisp splinters topped with dark chocolate ganache

**ICE CREAM AND CHOCOLATE SAUCE** **35**

Two scoops of vanilla ice cream with a decadent melted chocolate sauce

**PUMPKIN FRITTERS IN SYRUP** **60**

Classic sweet pumpkin fritters served with a scoop of vanilla ice cream

## CAKE OF THE DAY

Ask your waiter



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*Lunch served 11h30 - 17h00*

## TOASTED SANDWICHES

Your choice of white, rye, sourdough or low GI  
Served with hand cut chips or small salad

Cheese and tomato	48
Bacon and egg	58
Chicken mayo	60
Biltong and cheese	70
Chicken mayo, bacon and cheese	78

## GOURMET OPEN SANDWICHES

Your choice of white, rye, sourdough or low GI

Fresh plum tomato slices, basil leaves,  
mozzarella balls and basil pesto drizzle 76

Roasted butternut, melanzane, roast red  
peppers, feta crumble, pickled red onion  
baby spinach, rocket and drizzled with a  
lemon pesto dressing 72

Pulled lamb on beetroot hummus, plum  
tomato, Emmental cheese and rocket 95

Cape Malay roasted chicken, roasted  
butternut, rocket, feta and pumpkin seeds 72

Shredded basted rump on a bed of spinach  
and rocket served with a cucumber, red  
onion, mint & yogurt sambals 86

## LIGHT MEALS

Zucchini shavings sautéed with oven roasted  
rosa tomatoes tossed with basil pesto served  
with scoops of avo and parmesan shavings 78

Roasted chicken salad on a bed of baby  
spinach and mixed lettuce with red onion,  
rosa tomatoes, avo and roasted nuts served  
with a honey-mustard and mayo dressing 98

Couscous salad with a mix of rocket, basil,  
baby spinach, roasted butternut and feta  
topped with honey glazed almonds and  
beetroot crisps 78



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Smoked salmon salad with baby spinach,  
dill, pickled radish, cucumber, fresh lemon  
with a dollop of creme fraiche 115

Seasonal veg stir fry made with a honey, soy  
and sweet chilli sauce topped with toasted  
sesame seeds (with or without noodles) 55  
- add over roasted chicken 38

Beer battered hake served with hand cut chips  
and homemade tartare sauce 87

Cheese board for two/three 400  
Biltong, prociutto, camembert, rolled  
goats cheese, boerenkaas, marinated olives,  
hummus, pickled veg served with toast pieces

## MAIN MEALS

### BURGERS

All burgers served on a seeded brioche bun with  
a sour cream and fresh basil leaf base - served with a  
portion of hand cut chips

Beef burger - 180g homemade beef patty  
grilled to your liking with bacon/macon,  
fried onion, cheddar and house chutney 128

Chicken burger - crumbed breast served  
with cheddar and homemade mayo and  
sweet chilli sauce 80

Pulled lamb burger with fresh tomato,  
sauteéd onion and beetroot hummus 134

Slideshow - 3 sliders of the above 3 burgers 128

Bun-less burger served on a bed of greens  
and rosa tomatoes. A 180g beef burger patty  
topped with bacon/macon creamy mushroom  
brandy sauce and slices of avo 124

## LOCAL MEALS

Served with a choice of two sides

Rump steak served with a creamy brandy  
mushroom sauce  
- 350g 205  
- 200g 166



TLC

*Fids*

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**I DON'T KNOW** 38  
Crumbed chicken strips with chips

**I'M NOT HUNGRY (V)** 30  
Double cream yogurt with seasonal cut fruit

**I DON'T CARE** 42  
Beef cheese burger with chips

**I DON'T WANT THAT** 32  
Pieces of battered hake with chips

**WHATEVER (V)** 38  
Mac and Cheese

**AG NEE MA** 32  
Hot dog with chips

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**THIRSTY**

Small juice	16
Babychino	9
Hot chocolate	9
Kids Shakes	22

(banana, chocolate, strawberry, oreo, peanut butter)



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